



Action Alliance Foundation

Safe Recovery Residences

Meet Chris

Chris has been in and out of prison for the last 22 years – more than half his life. But thanks to the support he’s receiving through Action Alliance Foundation (AAF), his past is behind him and his future is bright and promising.

Growing up in foster care, Chris started doing heroin around the age of 15. Over time, he made a number of bad decisions due to addiction: the crimes he committed grew worse, his prison terms grew lengthier, and he was involved in a series of toxic relationships.

Currently on probation, Chris finished his last prison sentence on February 20, 2025. His parole officer connected him with AAF within a month. “The Action Alliance team was on top of everything, and got me into a good house,” states Chris. He participates in four to five AA or NA meetings each week and works closely with a sponsor while building a solid foundation of sobriety.

After completing his Registered Alcohol/Drug Technician (RADT) certification a few months ago, Chris secured a full-time job at Nautical Wellness, a mental health treatment center. In his position, he prepares clients for mandatory drug tests, prepares clients for group, and works hand-in-hand with the Center’s therapists.

Chris’ short-term goals include saving money and getting his driver’s license for the first time – in fact, he’s scheduled to take the behind-the-wheel test on August 25! He recently completed AA’s ninth step – making amends – and has established an open line of communication with most of his family, including several of his children. He hopes to be actively involved in the lives of all of his children in the future.

What advice does Chris have for others in recovery? “Be patient and put in the work!” he says. “Accept life on life’s terms – when things get tough, you need to step back, assess the situation and keep moving forward.” Chris also advocates for staying active (he goes to the gym at least five times a week) and working on his own recovery. “Even though I work in the recovery field, I know it’s critical that I keep focusing on myself and my own sobriety as well,” concludes Chris.