



## Action Alliance Foundation

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### Safe Recovery Residences

# Meet Rick

“I tried it all.”

A fifth generation Californian and relative of Buffalo Bill, Rick was addicted to a variety of drugs and alcohol for decades. Although he was able to work consistently – primarily in construction, installing floors – his addiction, along with a mental illness, made life a challenge. While he had periods of sobriety, he kept finding his way back to drugs and alcohol.

After living in Idaho for 23 years, Rick moved back to California after his mother passed away in 2000. He continued to struggle with his sobriety and also experienced periods of homelessness until 2012, when he was referred to Action Alliance through the Telecare WIT program, a deferred sentencing program for Orange County residents with dual diagnoses.

Rick has maintained his sobriety for 13 years, and is also on medication for his mental illness. He finds consistency and security within his Action Alliance community, living at the same home all 13 years. “I enjoy living with others,” Rick explains. “I like having people around me.”