



Action Alliance Foundation

Safe Recovery Residences

Meet Randy

A construction superintendent who struggled with alcohol, Randy's addiction escalated after breaking his back in 2001. "Alcohol was the major way I self-medicated and dealt with the physical pain I experienced, along with crack and cocaine," he explains. After moving between multiple states - including Texas, Florida and Nevada - Randy was arrested in California in 2005, and decided to stay here after his release.

After qualifying for disability following his accident, Randy lived in a series of rented rooms, but the conditions were never good. "I finally talked to a friend who told me about Action Alliance," he explains.

Randy moved into an Action Alliance home in 2020, and stayed clean for 18 months. He then relapsed, and per Action Alliance policy, he was moved to another home and regained his sobriety. He has remained sober since and was eventually appointed assistant manager of that house, which has given him purpose. Another way he helps is by providing rides to local AA meetings for his housemates who don't have transportation. He is also planning to start working AA's twelfth step in the near future by serving as a sponsor to another AA member.

"Action Alliance has changed my life," explains Randy. "Action Alliance wants the best for everybody. I appreciate the accountability, and I've been able to develop a sense of 'stick-toitiveness' I didn't have before."