



Action Alliance Foundation

Safe Recovery Residences

Meet Glenn

A Los Angeles native, Glenn grew up surrounded by an illegal business: bookmaking. Yet he was the only one in his family who struggled with addiction, which began in high school and escalated in his 20s, when he became addicted to heroin.

Unable to secure a traditional job due to his addiction, Glenn eventually went into the family business, including working as a bookie in Costa Rica for a number of years. In 2000, Glenn's mother passed away, and he spoke at his mother's funeral. Yet he was so under the influence at the funeral that he kept falling asleep during his remarks – and all this was caught on video. His family confronted him about his behavior, but he refused to get help, with his family then cutting ties.

After eventually trying rehab multiple times, including places he'd been before that refused to take him again, Glenn achieved sobriety at Woodglen. He was sober for seven years, and even worked as a recovery counselor at Woodglen and other programs.

Then, he relapsed, and slid back into drinking for another 15 years.

During this time, Glenn lived at different Action Alliance houses on several occasions. Per Action Alliance policy, he was transferred to different homes in order to find the right fit. "Action Alliance never gave up on me," Glenn states.

On January 5, 2022, Glenn had a serious bicycle accident, and was placed in the house where he currently lives. This time, he made a serious commitment to AA, and he's been sober ever since. He is now manager of the house, and is heavily involved with AA's Alano Club in Garden Grove. He's also back in touch with his family.

"I now know that participating in AA meetings and working the steps is really key for me," concludes Glenn. "The accountability and community I have at Action Alliance is also keeping me committed to sobriety."